



Vicki Hopkins

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Birmingham
with full UK travel

Overview:

Supportive & intuitive with a clear focus on achieving great results & enabling individuals to thrive during periods of change. Vicki achieves this by creating a coaching relationship in which clients feel comfortable developing their self-awareness & testing out challenging new strategies for change that involve more effective ways of thinking, feeling & behaving.

Vicki has a passion for working collaboratively with clients to help them develop their strengths & to overcome whatever is preventing them from being more successful, engaged & productive.

Coaching Examples

- ✓ Influencing, Personal Brand + Impact – Head of Customer
- ✓ Networking & Stakeholder Management – All levels & roles
- ✓ Impactful Presentation - Head of HR & Various Managers
- ✓ Peak Performance – Operations Director
- ✓ Conflict Resolution – HR, Communications & Finance Managers
- ✓ Team Management – Head of Communications
- ✓ Transition to new senior role – HR Business Partner

Specialisms:

Communication & Influencing. Leadership & Management. Change. Time Management. Conflict Resolution. Team Development and Motivation.

The Paperwork, Training & Memberships:

- Practitioner of Neuro Linguistic Programming (NLP)
- MCIPD
- BA (Hons) Business Management and Human Resource Management
- MBTI (OPP)
- TKI (OPP) – Conflict Resolution
- British Psychological Society certificates level A & B
- CIPD Certificate in training practice

Client work from mid-level to Exec:

Phoenix Group, Homeserve, British Airways, Rolls Royce, Britvic, SCC, Business Post, Lloyds Banking Group, Flexifoil, National Friendly, Daily Mail, Clarks, Close Finance.

Career History:

- 2006 – present Owner & Director of VH Training
- 2000 – 2006 C & J Clarks International, Regional Training Consultant
- 1998 – 2000 Specialist Computer Holdings, National Training Consultant
- 1997 – 1998 Business Post Logistics, Training Consultant

Other things you should know...

Over the last 7 years Vicki has developed a thriving business whilst raising 3 young children – time management is a specialty! For relaxation Vicki likes to run and has recently started training for a half marathon. She's passionate about enabling people to develop & achieve their potential.