



Petra Rexroth

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www.springccr.co.uk

London

with full UK & International travel

Overview:

An inspirational and powerful Corporate & Executive Coach and Human Performance Expert dedicated to developing individuals for demanding work environments. Petra combines 20 years of hands-on corporate business experience and highly effective tools and methods of various disciplines. Her personal leadership experience included 1200 staff and 300m revenue. Petra achieves profound and sustainable results with her straightforward approach of analysing circumstances and finding practical solutions with immediate effect. She is highly experienced in working across various cultures and industries.

Specialisms:

Peak Performance. Leadership. Female Leadership. Career Strategy. Organisational Development & Change. Sales. Conflict. Confidence. Stress & Resilience. Strategy. Creativity & Innovation.

Highlights International Work

- ✓ Leadership Assessment & Development – Top 300 executives worldwide
- ✓ Coaching & Facilitating Culture Change – Board Level Europe-wide
- ✓ Implementation & Coaching Leadership & Culture – US/Germany
- ✓ Implementation & Coaching Female Leadership Culture – Europe-wide

The Paperwork, Training & Memberships:

- MSc Organisational & Industrial Sociology
- Change Management
- Personal Performance Coaching Diploma
- Corporate and Executive Coaching
- Continuing Professional Development Programme for Coaches
- NLP Master Practitioner and NLP Master Coach

Career History:

- Since 2009 Corporate & Executive Coach and Human Performance Consultant
- 2008-2009 Talent and Methods Development Manager – Change Management Group
- 2005-2007 Senior Consultant Strategic Projects – Volkswagen Group
- 2004-2005 Senior Manager HR Services – Volkswagen Group
- 2003 Team Leader In-house Consulting – Volkswagen Group
- 2001-2003 Senior Marketing Manager Consulting – UBS Group
- 1999-2001 Key Account Manager Consulting – UBS Group
- 1995-1998 Human Factor Consultant – Fraunhofer Institute

International experience:

Germany – HR Change Strategy, Leadership, Automotive, Consulting, IT, Banking, Public, Manufacturing, Chemicals, Fitness

UK – Banking, Energy, Property, Asset Management, Manufacturing, Retail, Health, Architecture.

Switzerland – Banking, Consulting.

Sweden – Leadership Development

Slovakia, Poland, Hungary – Retail, Strategic Analysis

Czech Republic – Automotive, Retail, Strategy, Leadership

Brazil – Leadership Development

Spain – HR Strategy & Leadership

With UK+Germany based coaching of Italian, Portuguese, Indian, Korean, Belgian, French, Irish, Turkish, Greek, New Zealand, Mexican, South African, US American, Canadian, Brazilian, Australian nationalities

Client work from mid-level to Exec:

Volkswagen, UBS, Audi, Yamaha, Commerzbank, Continental, ContiTech, Skoda, Strutt & Parker, Tesco, Lidl, Sitech, EDF Energy, Bombardier, European Credit Management, Australia and New Zealand Bank, LaSalle.

Other things you should know...

Petra is German and relocated to London in 2006, enjoying the big city life with her partner. She loves art and anything creative. Her favourite pastime is travelling the world with a rucksack to experience cultures first hand. Petra is straight-talking, empathetic and fun to work with. English and German speaking.